

International Consortium of Universities for Drug Demand Reduction Newsletter - December 2022



From the Desk of the Executive Director, Kevin P. Mulvey, PhD



Winter has arrived for those in the northern hemisphere and summer in the southern hemisphere. The seasons are changing, and the holiday season has arrived and ICUDDR wishes

all our members, partners and their families a safe, healthy and happy holiday season.

A few things to look forward to in the new year. We are well underway with planning the ICUDDR Latin America and Caribbean Regional Meeting in Buenos Aires, Argentina. This meeting will take place in April before the ISSUP meeting. Additionally, the ICUDDR-Global meeting is also being planned with Mahidol University and Chiang Mai Medical University, our local co-sponsors. It will take place in Chiang Ma in August. Please watch for a call for abstracts in the 1st quarter of 2023.

We are in the coming year looking to our regional coordinators for more of a focus at the regional levels. We are pleased to have upcoming webinars in the areas of prevention and recovery.



Meet an ICUDDR Staff Person: Business Manager, Dianna Fusco Motel, MPA



Dianna brings with her a master's degree in Public Administration, from Appalachian State University and a Bachelor of Science in Organizational Leadership from Mountain State University. She has 20 years' experience in business

administration and oversight, with a passion for the nonprofit sector.

Dianna has been involved with economic impact services since 1998, assisting in the development and implementation of a national nonprofit for women.

Many of you who have been consultants or supported travelers for ICUDDR have had email interactions with Dianna. Now you have a face, name and a bit of background on a key member of the ICUDDR staff.

Welcome New Members to the ICUDDR Family:

Today we have 346 University Members in 81 countries from Africa, Asia and the Pacific, Europe, Latin America and the Caribbean, the Middle East, and the United States and Canada.

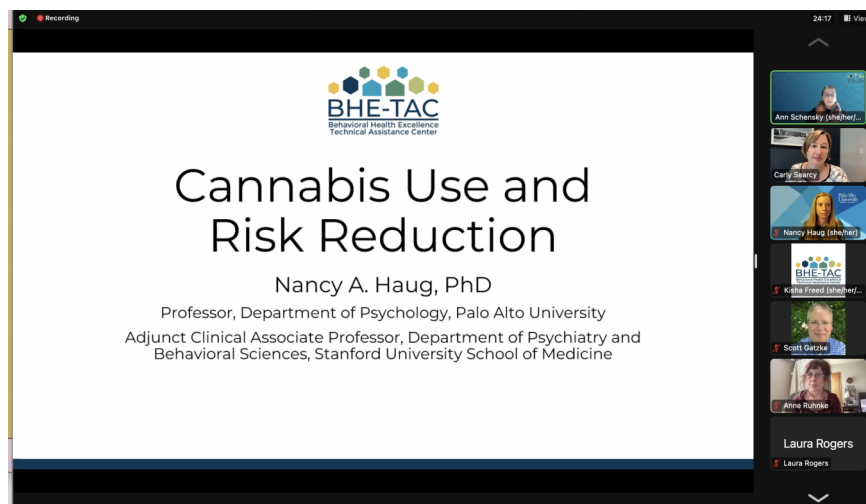
We welcome 3 new university members since Novembers newsletter from:

- | | |
|----------------------------------|-------------|
| Kampala International University | Uganda |
| Ateneo de Zamboanga University | Philippines |
| Hanoi Medical University | Vietnam |

Education, Training and Conferences

Cannabis potency (THC content) is increasing as more states legalize medical and recreational use. Higher potency has been associated with higher rates of cannabis dependence, psychosis, anxiety and depression.

On December 1, Nancy Haug, PhD, Director of the Harm Reduction and Addiction Treatment Laboratory at Palo Alto University, presented information about harm reduction and cannabis usage. Dr. Haug shared the relationship between cannabis potency and harms, and discussed key issues such as motives for use among medical versus recreational users, gender differences in cannabis use, and response options.



Prevention Education: UPC, Drug Prevention and Risk Behavior Prevention- Webinar

Helena Horálek, Psychologist/Assistant professor, Department of Addictology, 1st Faculty of Medicine, Charles University (CUNI) presented an excellent webinar on December 8, 2022. She presented to participants about prevention curricula, trends in education and training programs in addictions in higher education, and raising the standards for prevention education. Participants asked thought provoking questions about these topics.



ICUDDR Global Office Activities


1. Deputy Director Cary Hopkins Eyles attended the civil society consultation on engagement with the **UNODC Synthetic Drug Strategy on 8 December 2022 in the margins of the reconvened session of the 65th CND and 31st CCPCJ** organized by UNODC together with the Alliance of NGOs on Crime Prevention and Criminal Justice (Alliance) and the Vienna NGO Committee on Drugs (VNGOC). ICUDDR participated in a breakout group public health "Science for Health".

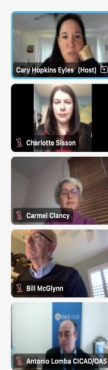


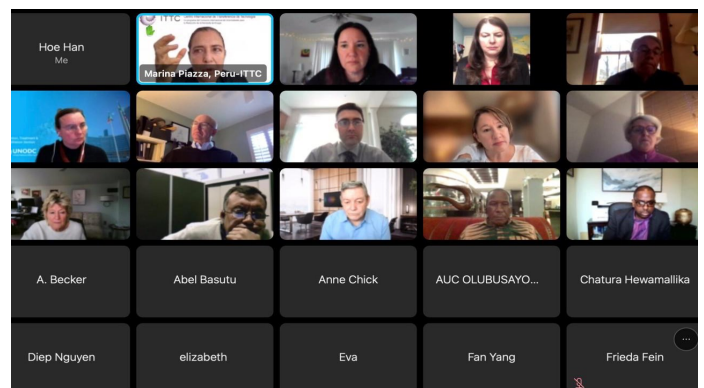
2. ICUDDR participants and presents at the **INL Monthly Annual Partners meeting**. Ms. Cary Hopkins Eyles, MA, CAP, Deputy Director of ICUDDR presented for the INL Partner call on December 14, 2022. She presented information about the programs and resources available to ICUDDR members. These resources are available in particular to push ahead our mission of easy dissemination of science-based information and research in the field of substance use and related disorders.

Our 4 Principal Goals

- 1 Education**
Increase the number of Colleges and Universities with addiction studies degrees and/or programs.
- 2 Research**
Increase applied research and publication in addiction prevention and treatment.
- 3 Advocacy**
More countries will support college and university-level addiction studies programs and a well-trained and certified workforce.
- 4 Dissemination**
Our organization will be recognized as an expert organization for college and university-based addictions studies programs and center for the latest scientific information on addictions.

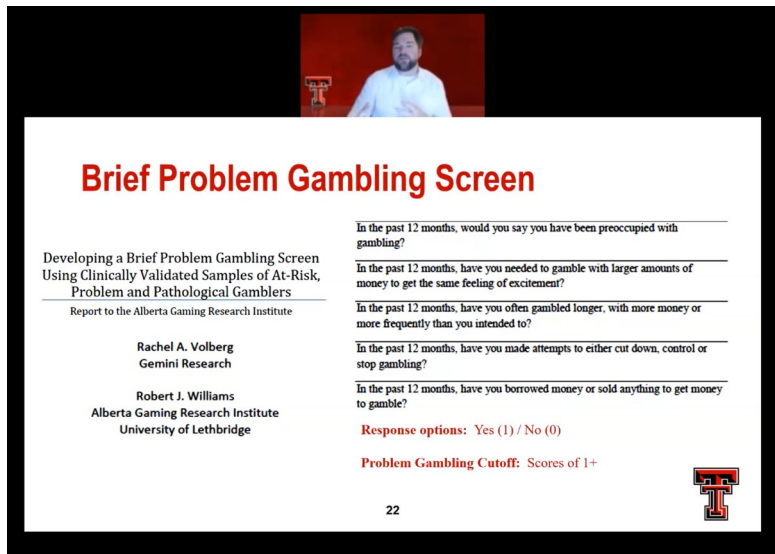






Regional Activities-Asia Pacific Region

The ICUDDR Asian work group held a Gambling Addiction webinar on Dec 7th. Fifty seven participants attended and enjoy Dr. Devin Mills' (of Texas Tech) excellent presentation on this behavioral addiction. The webinar was translated simultaneously into Korean from English.



The screenshot shows a presentation slide with a video feed of a speaker in the top right corner. The slide title is "Brief Problem Gambling Screen". Below the title, it says "Developing a Brief Problem Gambling Screen Using Clinically Validated Samples of At-Risk, Problem and Pathological Gamblers" and "Report to the Alberta Gaming Research Institute". The authors listed are Rachel A. Volberg (Gemini Research) and Robert J. Williams (Alberta Gaming Research Institute, University of Lethbridge). The slide contains four screening questions with horizontal lines for answers, followed by response options (Yes (1) / No (0)) and a problem gambling cutoff score of 1+.

Brief Problem Gambling Screen

Developing a Brief Problem Gambling Screen
Using Clinically Validated Samples of At-Risk,
Problem and Pathological Gamblers
Report to the Alberta Gaming Research Institute

Rachel A. Volberg
Gemini Research

Robert J. Williams
Alberta Gaming Research Institute
University of Lethbridge

In the past 12 months, would you say you have been preoccupied with gambling?

In the past 12 months, have you needed to gamble with larger amounts of money to get the same feeling of excitement?

In the past 12 months, have you often gambled longer, with more money or more frequently than you intended to?

In the past 12 months, have you made attempts to either cut down, control or stop gambling?

In the past 12 months, have you borrowed money or sold anything to get money to gamble?

Response options: Yes (1) / No (0)

Problem Gambling Cutoff: Scores of 1+

22

Regional Activities-Africa Region

The African Regional Coordinators, Drs Kathungu and Agwogie held a webinar for African university members on December 20th, 2022. The event had over 45 participants from all of the sub-regions of the continent.

The focus was to introduce these members to a model that would enable them to infuse state of the art research and evidence based best practices into college and university addiction science programs.

The presentation was well received and resulted in excellent dialogue on next steps and support the implementation of this model.



The poster features the ICUDDR logo at the top, followed by the title "ICUDDR AFRICA WEBINAR". The topic is "Translating DDR evidence into practice through university based academic programs: A model for universities in Africa". The presenter is Dr. Beatrice Kathungu, Coordinator of ICUDDR Africa. The moderator is Dr. Martin Agwogie, Assistant Coordinator of ICUDDR Africa. The date is Tuesday 20th December, 2022, and the time is 20:00 EAT.

ICUDDR
The International Consortium of Universities for
Drug Dependence Reduction

ICUDDR AFRICA WEBINAR

Topic: Translating DDR evidence into practice through university based academic programs: A model for universities in Africa

Presenter
Dr. Beatrice Kathungu
Coordinator
ICUDDR Africa

Moderator
Dr. Martin Agwogie
Assistant Coordinator
ICUDDR Africa

DATE: Tuesday 20th December, 2022
TIME: 20:00 EAT

UPCOMING ICUDDR EVENTS AND ACTIVITIES-JANUARY

- Treating Adolescent with Medication for Opioid Use disorder (MOUD) with Scott Hadland, MD, MPH, MS, Chief, Division of Adolescent and Young Adult Medicine Mass General for Children / Harvard Medical School January 17, 2023- Webinar **OPEN ONLY TO HRSA Grantees.**
- Motivational Interviewing for Substance Use Disorders, with Cary Hopkins Eyles, CAP, MA, Deputy Director, ICUDDR January 26, 2023-Webinar **OPEN ONLY TO HRSA Grantees.**
- Global consultation with professional associations and academia on implementation of the Global Alcohol Action Plan(GAAP) 2022-2030-WHO, Geneva January 18-20, 2023.
- ICUDDR Executive Committee Meeting January 26, 2023 Virtual meeting

SAVE THE DATE!



ICUDDR Conference 2023

Addiction Science, Policy and Education:
Growth and progress in a post pandemic world

August 9 - 11, 2023 | **Chiang Mai University,
Chiang Mai, Thailand**

Co-facilitators:
Mahidol University and Chiang Mai University

Watch for the call for papers and presentations.

For questions, contact: conf2023@icuddr.org



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